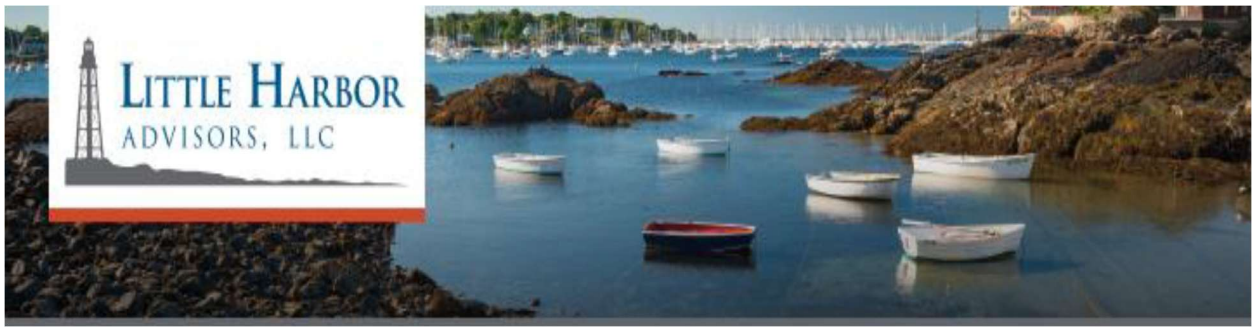


The Volatility Watch

A Weekly Commentary On The Volatility Marketplace

Free weekly delivery

For Week Ending 10/2/2026:

Stocks were mixed last week as large-cap technology strength offset broader pressure from elevated oil prices and Treasury yields. Friday's rally followed a softer employment report that reduced expectations for another near-term Federal Reserve rate increase, helping the Nasdaq reach an intraday record.

Reflecting contained realized volatility in the S&P 500, the VIX index remained low, and the VIX futures curve remained in contango last week, suggesting that investors continue to price normal event risk without yet signaling broad near-term market stress.

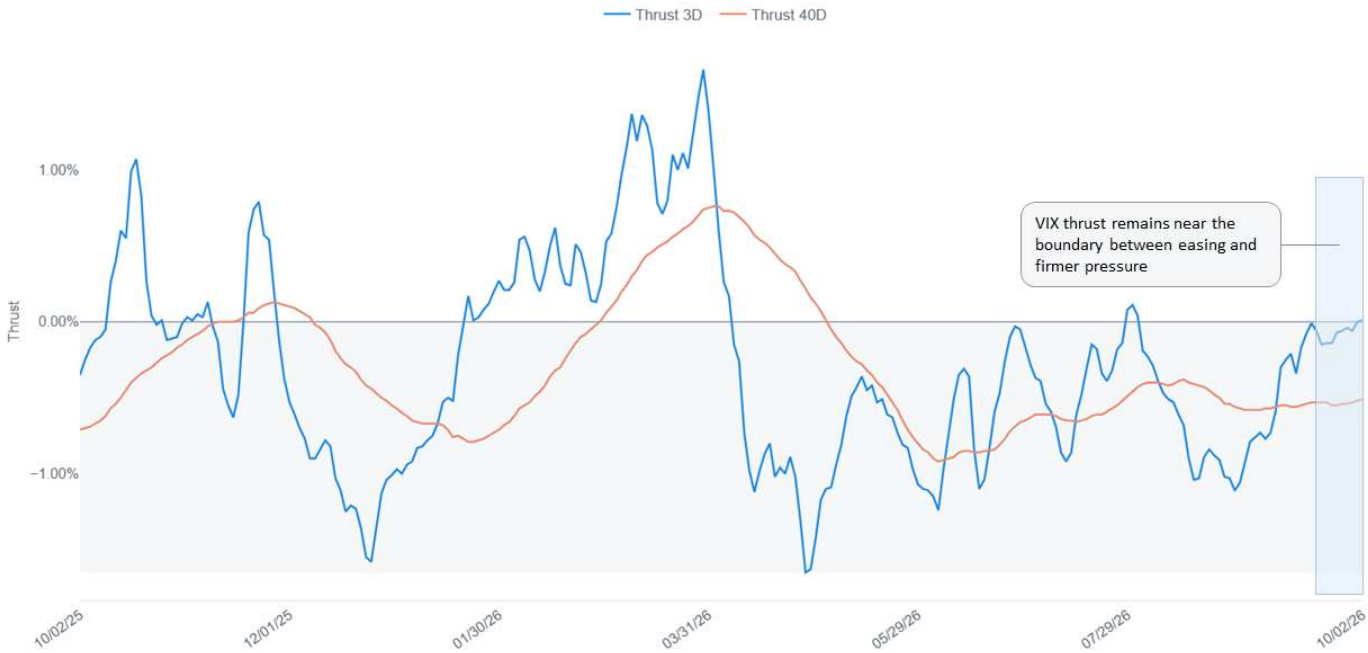
The coming week brings September ISM services data Monday and minutes from the Federal Reserve's September 15–16 meeting Wednesday. Friday's preliminary University of Michigan consumer-sentiment survey, persistently high Treasury yields and oil-market developments surrounding Iran remain additional conditions to monitor.

Vol Dash — VIX Curve Signals

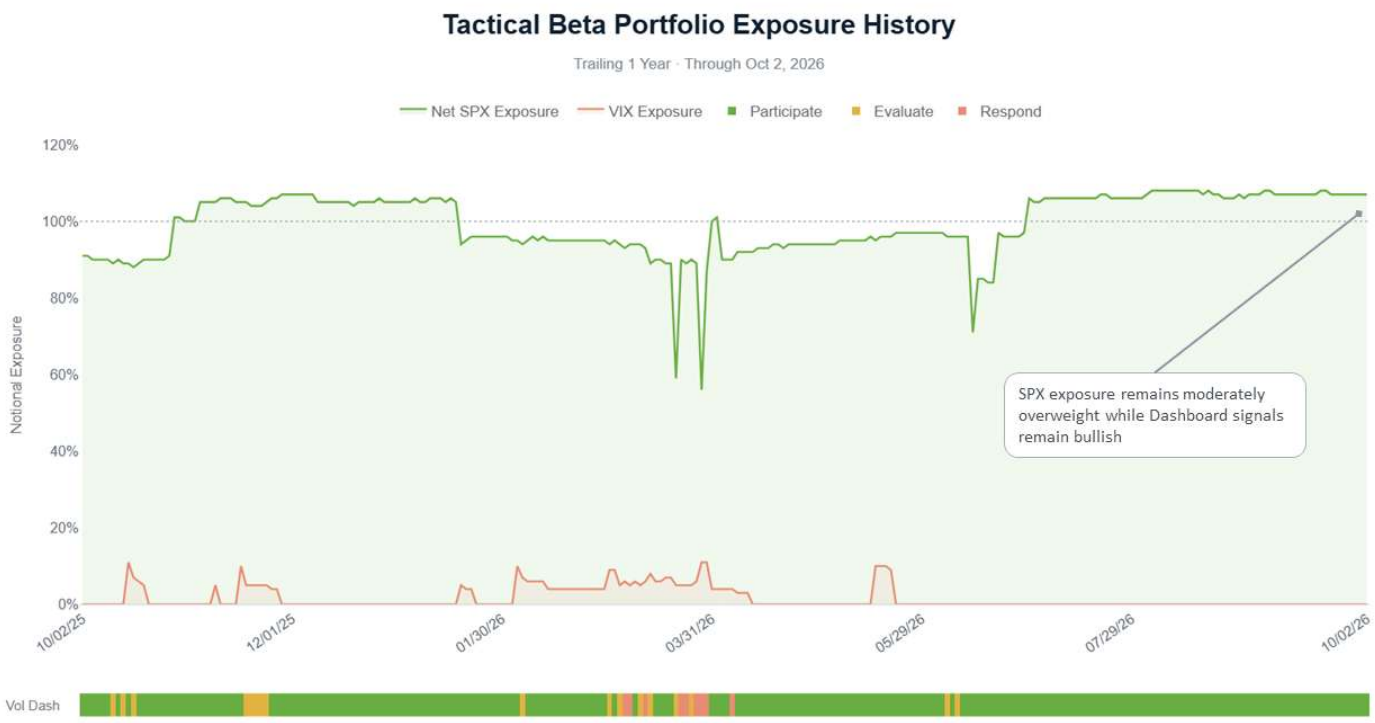
Trailing 1 Year · Through Oct 2, 2026

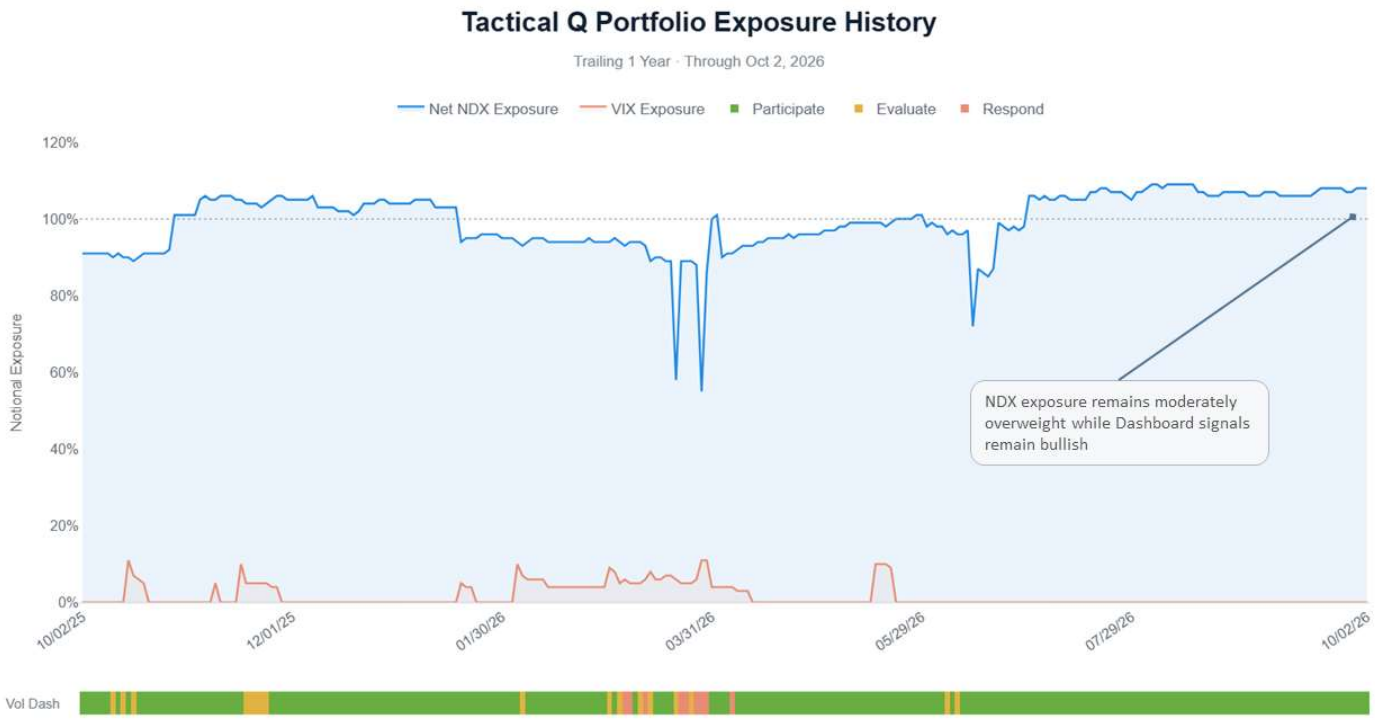
Thrust Signals

Trailing 1 Year · Through Oct 2, 2026



Tactical Beta and Tactical Q exposures remain modestly overweight as dashboard conditions remain bullish for equities.





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